

Jeri Lea Kroll, LMSW, LLC

Practice Policies and Informed Consent

This consent is to verify that you, the client or Parent/Legal Guardian, give permission to Jeri Lea Kroll LMSW, IMH-E® (IV) (MI License # 6801069033) to provide psychotherapy, parent guidance and/or consultation to you, your child and/or family.

Child/Client Name: _____ Date of Birth: _____

What to Expect

- ◆ Consulting with a therapist to strengthen your or your child's emotional health, your connections with one another or your skills as a parent is an act of strength.
- ◆ Therapy is a partnership between therapist and client/family. You will be the "director" of our work together and I will act as an advisor and coach. I will draw on my training and experience with babies, children and families and you will bring your expertise and knowledge about yourself, your child and family situation. Together we will observe, play, practice new skills and develop a plan that fits your goals.
- ◆ In order to benefit from counseling it is essential that you feel a sense of trust and connection with the therapist. If you are concerned about something that I have said or that has happened during one of our meetings, please bring it to my attention as soon as possible so we can discuss and resolve the situation.
- ◆ The greatest progress will be made when you are able to be curious about the meaning of behavior, including your own, and are willing to commit to working on your goals throughout the week, outside as well as within the therapy hour.
- ◆ Change doesn't always move us forward. There are times when symptoms or behaviors intensify or reappear during the treatment process. *This does not mean that you, or your child, are not making progress.* Please let me know about these changes if they occur.
- ◆ You have the right to end this therapeutic relationship at any time and I will support you during this transition. Yet, I ask that when you are ready to leave, you agree to give me advanced notice. This type of planned transition often allows for us to be very productive in our remaining time together and to end with a sense of accomplishment and closure for you and/or your child.

Divorced Families

In the event of divorce or legal separations, it is my policy that you provide me with a copy of the part of your divorce decree or parenting agreement which pertains to custody of the child, and right to consent to medical/psychological services before I can begin providing services.

Services and Fees

Parent Consultation – Coaching and education for parents or guardians who are concerned about their parenting practices or their baby or child's development, behavior or family adjustment. Sessions can be weekly, bi-weekly or monthly.

Parent and Child Therapy – Utilizes a relationship-based approach to address the behavioral, social and emotional concerns of babies and children. I will partner with you to observe and understand your child's behavior and development in the context of your family and community; your child's temperament, health, unique experiences and relationships. My goal is to provide insight, experiences and activities that strengthen your role as your child's best teacher and coach; and to promote healthy interactions, social skills, emotional development and *fun*. Sessions can be held in my office or your

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home. Sessions can be weekly or bi-weekly and can also be combined with Parent Guidance sessions for optimal support.

Childcare Consultation – One or more onsite observations of your child within his/her caregiving environment can enhance our understanding of your child’s behavior and developmental progress. Short-term or periodic consultation with care providers can also be useful when trying to build greater consistency in caregiving routines and practices between home and child care, as well as when implementing new strategies.

Individual Therapy – supportive, relationship-focused adult therapy can be beneficial for those times when you are experiencing a personal or family challenge which is impacting your enjoyment of your life and family, including depression, past abuse, fertility or pregnancy complications, blending of families, caring for yourself and your child with special needs, or balancing work/life.

- ◆ 30 minute initial consultation – Free
- ◆ 25 minute office – based session – \$40.00
- ◆ 50 minute office – based session – \$80.00
- ◆ 50 minute in-home session – \$90.00
- ◆ On-site classroom or childcare consultation – \$90.00/hour

*A sliding fee schedule is available for those who have financial need.
Your FSA may also be used for counseling services.*

Billing and Payments

- ◆ Payment is accepted in the form of cash, check or via PayPal. Payment is due at the time of service unless paid by an outside agency. If paying by PayPal, please make payments prior to your session (link available through the website on the Next Steps page, www.jerileakroll.com/nextsteps).
- ◆ Statements can be provided for you to submit for reimbursement to your insurance provider as an “out of network provider” or through your Flexible Spending Account (if applicable).
- ◆ You are responsible for submitting all claims to your insurance provider.

Confidentiality

Confidentiality is an essential part of the therapeutic process and is a commitment that I make to you. Consistent with HIPPA and mental health laws, I will not release any information about you or your child without a signed authorization from you. There are specific exceptions to this commitment of confidentiality:

- ◆ When there is a reasonable suspicion of child abuse, dependent- adult or elder abuse.
- ◆ When a client threatens violence to an identifiable victim.

The law also allows the therapist to break confidence:

- ◆ When a client presents a danger of violence to others.
- ◆ When a client is likely to harm him/herself unless protective measures are taken.

Disclosure may also be required in certain legal proceedings such as child custody cases. If you have any concerns about any legal proceedings you are involved in or expect to be involved in, please let me know.

If you have any questions about these points, please ask me and we can discuss them.

Please review the *Notice of Privacy Practices* provided to you as part of this new client information. It describes in more detail your rights with regard to Protected Health Information.

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Appointments and Cancellations

Sessions are typically 50 minutes in length, but can run longer depending on the nature of the session. In this event, the extra time will be prorated in 15 minute increments. If you arrive late, your session will be shorter. If I, the therapist, arrive late your session will be extended to make up the time.

If you cannot keep your appointment time, please give me at least 24 hours notice so that I can make the time available for others. If you cancel with less than 24 hours notice or you miss a scheduled appointment, you will be charged for that appointment.

Contacting Therapist

You may leave a telephone message or send an email at any time. Please be aware that I do not retrieve messages or emails outside of regular business hours, Monday through Friday. **If you have a life threatening emergency, dial 911 or take yourself or your child to your nearest hospital emergency room.**

Telephone calls lasting more than 15 minutes will result in a phone consultation fee, prorated and billed at the office-based session rate.

Client/Parent/Guardian Signature

Client/Parent/Guardian Signature

Printed Name

Printed Name

Date

Witness

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